



SPAZIO ESTETICA

# BEAUTY & WELLNESS

*The secret of true beauty is hidden in the love  
for ourselves...*

# FACIAL TREATMENTS

## GENTLE DEEP CLEANING

60 min € 50.00

Individualized treatment in which possible blockages of the skin pores are loosened by the deep cleansing, so that the sebum can be removed again afterwards. This improves and beautifies the overall appearance of the skin.

## RADIATING VITALITY

60 min € 60.00

Facial treatment to revitalize the skin. Thanks to the vitamin containing extracts, essential amino acids and valuable vegetable oils, the skin receives radiant firmness. Suitable for revitalizing, strengthening and renewing the skin. Massage with nutmeg rose and papaya oil

## REGENERATION

60 min € 60.00

The active combination of sericin (the most valuable protein in silk) with native collagen and hyaluronic acid firms the skin, moisturizes it and gives it a radiantly even complexion. Provides firmness, elasticity and radiance. Treatment recommended for mature skin.

## PROTECTION FOR SENSITIVE SKIN

60 min € 60.00

Pomegranate and grape extracts deeply renew the skin and protect against the aging process.

For sensitive, irritable, slightly reddened skin. Massage with grape seed oil, jojoba oil and vitamins.

## CORAL-NATURAL LIFTING FOR THE SKIN

60 min € 60.00

Intensive treatment to renew and strengthen the facial skin.

The increased content of native collagen together with water plants significantly improves the skin surface and gives the skin a rejuvenating effect. The skin layers are thoroughly moisturized and collagen formation is increased. Ideal after exposure to the sun.

## SOLARIUM SPORTARREDO

Sportarredo offers tanning in safety and comfort.

The company stands for reliability, safety, image and success.

meetings to:

**8 minutes € 8.00**

**9 minutes € 9.00**

**11 minutes € 11.00**

With the subscription "pay for 6 solariums", you get the seventh one for free!

# WELLNESS PACKAGES

## AND PLEASANT RELAXATION

### WELLNESS PACKAGE "BAMBOO AND CARITÉ" (2 days)

80 min € 85.00

Intensive treatment with the delicate, slightly exotic scent of bamboo: nourishes, hydrates and renews the skin. Peeling with natural linen glove and regenerating massage, body and face pack with shea butter, bamboo extracts and aloe juice.

### WELLNESS PACKAGE "BIO-HONEY AND JOJOBA OIL" (2 days)

80 min € 85.00

Excellent ritual with outstanding cleansing and antioxidant properties. Peeling with organic acacia honey and fair-trade cane sugar from the Mauritius Island, relaxing massage with pure vegetable oil, pack with lukewarm cream. It stimulates and stimulates the body and facial skin and gives it a fresh vital appearance.

### WELLNESS PACKAGE "KAKAO" (2 DAYS)

80 min € 85.00

Discover the pleasure of the heavenly smelling cocoa pack! Cocoa contains many valuable oils and important vitamins to care for your skin. Cocoa also stimulates the production of happiness hormones. Sea salt peeling with the scent of fair-trade cocoa and cinnamon from Ecuador,

massage with pure vegetable oil. Regenerating and energizing pouring with cocoa mousse.

## WELLNESS PACKAGE "POMEGRANATE AND GRAPE" (2 DAYS)

80 min € 85.00

Grape seed oil has a long tradition and was already considered an effective household remedy in the Middle Ages. This antioxidant, strengthening and stimulating treatment leaves the skin firm, firm and fragrantly fresh.

Body scrub Officinalis and relaxing massage with grape seed oil. Pack with Fragrance moisturizing emulsion

## BODY PEELING

Stimulating and invigorating exfoliator that gently removes excess sebum and dead skin cells.

It shines in a truly new glow and looks fresh, smoothed and soft again. Choose!

- Healing plants and herbs
- Cinnamon and red orange
- Organic acacia honey
- Pomegranate and grape

30 min € 35.00

# ESTHETICS

## CARE AND BEAUTY OF HANDS AND FEET

Manicure € 20.00

Manicure + Nail Polish € 25.00

Pedicure € 30.00

Pedicure + Nail Polish € 35.00

Filing and Nail Polish € 15.00

Cut and Filing € 13.00

## EPILATION

Legs, bikini, armpit, upper lip, forearms,  
eyebrows € 43.00

legs, bikini, armpit € 35.00

lower or upper thigh, bikini, armpit € 26.00

bikini € 10.00

Intimate area woman € 15.00

arms complete € 15.00

back or chest € 18.00-20.00

underarm or upper lip € 6.00

eyebrows or face € 6.00

# WELLNESS PACKAGES FOR THE MUSCULOSKELETAL SYSTEM

## FOR THE TENSILE BACK: ARNICA AND JOHNISKRAUT

60 min € 65.00

The entire back is moistened and massaged with hot stones to relax the tense back muscles. It leads to general well-being and relaxes the back after sports, work or driving.

## FOR THE ACHING BACK: HEALING MUD FROM REICHENAU

60 min € 65.00

This natural herbal compound comes from the Austrian moors and has healing properties. In general, the healing mud is used for rheumatism, muscle traumas and painful inflammations. It is also suitable for sportsmen and older people.

Massage with cinnamon oil and Reichenau pack.

## FOR TIRED FEETS

30 min € 30.00

The feet also need attention and this enhances the general well-being. Foot bath with pure Himalayan salt and essential grapefruit-

and rosemary oils. Foot sole peeling and herbal oil massage.

# THALASSOTHERAPY TREATMENTS

*Cleanse, strengthen, tighten*

## **BODY TREATMENT FOR DETOXIFICATION (2 DAYS)** 90 min € 85.00

This treatment promotes deep cleansing by removing fluids and toxins. The skin becomes velvety soft and elastic and the blood circulation is stimulated. Medicinal herbal peeling, mud pack from the Dead Sea and purification massage with birch leaf oil lead to pure well-being.

## **LEG AND BELLY TREATMENT WITH BANDAGE** 60 min € 65.00

The care concepts based on maritime extracts have a detoxifying, draining and firming effect on the stomach and legs. This targeted local treatment eliminates the feeling of fullness and heaviness through a firming and revitalizing action. Purifying massage of legs, abdomen and firming bandage with electrolyte-poor liquid or refreshing gel.

## **ALGAE EXTRACT TREATMENT (2 DAYS)** 90 min € 85.00

This firming treatment stimulates the metabolism and is draining. Three brown algae have a high iodine content. They come from fair trade, of course. Algae wrap and detoxification massage with birch leaf oil.



# MASSAGES

## SWEDISH RELAXING MASSAGE WITH ETHERIC OILS 50 min € 55.00

While body and mind rest, pure essential oils work, tension disappears, concentration, energy and peace return.

## PURIFICATION WITH BIRCH OIL 50 min € 60.00

Slow rhythmic movements stimulate the blood circulation and detoxify the body. Reduces swelling and fights cellulite.

## RELEASE TENSIONS WITH ARNICA 50 min € 60.00

For muscle aches and tired muscles. Supplies the tissue with oxygen and detoxifies. Recommended after Sports.

## LIGHT LEGS WITH HORSE CHESTNUT AND MINT 25 min € 35.00

Valuable support for swollen and tired legs. Regeneration of light and strengthened legs

## SOUL MASSAGE 50 min € 60.00

A very special massage for body and soul. It promotes muscle relaxation, inner peace and relaxation and releases the body's own energy sources. The chakras are activated by the sound of Tibetan bowls and release inner blockades, a wonderful atmosphere of well-being.

## CLEANING TREATMENT BACK 50 min € 45.00

Sea salt peeling, steaming, deep cleansing, massage and mask.

## NECK AND BACK MASSAGE 25 min € 30.00

Releases deeply aching muscles from tension.

## PART BODY MASSAGE

25 min € 30.00

Gives a pleasant feeling of relaxation head, face or feet

## CANDLE MASSAGE

40 min € 55.00

Exciting moments through the heat of the flame and hot butter. Leaves skin softly scented, nourishing and energizing.

## HOT STONE MASSAGE

25 min € 35.00 - 50 min € 65.00

It is massaged with warm soapstone's and warm oil. The massage provides physical and mental balance. It relieves muscle tension and improves the mobility of the joints. Cleanses the skin and gives a general feeling of well-being.

## HERBSERVE TEMPLE MASSAGE

40 min € 55.00

This is an Ayurveda massage technique using small cotton bags filled with medicinal herbs and plants, which are bathed in warm oil. Beneficial for tensions, inner restlessness, to reduce stress, to improve blood circulation

## FOR OUR SMALL ones (4/10 years)

### SWEET LINE UNITS

20 min € 20.00

delicate massage with mandarin scent.

### SMALL MANICURE OR PEDICURE

20 min € 18.00

cut, file and short massage with moisturizer.

Glitter varnish.

# BIOLINE JATÒ - BODY TREATMENTS

## APPLICATION FOR EDEMATOUS CELLULITE

60 min € 70.00

Hematite, Indian water navel, loquat for the removal of excess fluid and thus brings a more compact and firm tissue.

## APPLICATION FOR STUBBORN CELLULITE

60 min € 70.00

Slimming butters with botanical extracts, coffee and guarana for a multisensory experience of well-being that counteracts fat cells and skin aging.

**For optimum results, 2-3 applications at short intervals are recommended**

# VITALITY AND WELL-BEING - PACKAGES

## FOR HER AND HER

€ 200.00 instead of € 210.00

2 full body relaxation massages with essential oils 50 min  
2 Steam facial cleaning 50 min

## REMISE EN FORM

€ 155.00 instead of € 164.00

1 purifying massage 50 min  
1 revitalizing and nourishing facial treatment 50 min  
1 nursing pedicure  
1 solarium 9 min

## RECREATION AFTER THE SPORT

€ 65.00 instead of € 75.00

1 relaxing massage of legs and back 40 min  
1 medicinal mud pack 25 min